PLEASE NOTE:

This is the certificate that will be accepted from foreign

runners.

It needs to be filled in, signed and stamped by a doctor.

Certificates other than the one attached will be accepted provided that all the information present in the TGS certificate is indicated in the certificate

Please bring a copy with you at the bib pick up. Organization will

ask for a copy of it.

You won’t be able to race without a valid certificate.

Failure to provide it to the organization, will cancel your

registration with no refund.

TGS Team

COMPULSORY MEDICAL CERTIFICATE
for sport

The certificate is in accordance with Italian law. However in order to make sure that we treat all the certificates sent from different countries correctly, It is mandatory to use this form or a facsimile provided that all the information requested in the TGS form is reported. This medical certificate has to be filled in, dated and signed by the doctor, who usually stamps it or specifies his professional number.

Trail Grigne Sud (LC - Italy) 27 september 2025

I, the undersigned Doctor of medicine,

_____

certify that the medical examination of Ms / Mr:

Surname _____ First Name _____

Born on the: _____/_____/_____ ,

does not present contraindication to the practice of trail running (athletics) competition races.

Date of visit: _____/_____/_____

Doctor's signature and stamp (compulsory) _____